

TENTATIVE ROLLING SCHEDULE

FRIDAY, JULY 14, 2023

Running Events (Ages 13-18)

8:00 AM	200m Dash Trials	13-14 15-16 17-18
8:45	3000 Meter Run Finals	13-14 15-16 17-18
10:15	100m Dash Trials	13-14 15-16 17-18
10:45	4 x 800 Relay Finals	13-14 15-16 17-18
12:00 PM	400 SEMI	13-14 15-16 17-18

Short Hurdle SEMI

1:15 PM	110 Meter	15-16 B 17-18 M
1:30	100 Meter	13-14 B?G /15-16 G 17-18 W
2:30	800 Meter Run Finals	13-14 15-16 17-18
3:30	4x400 Mixed Gender Finals	13-14 15-16 17-18
3:45	100 Meter Dash SEMI	13-14 15-16 17-18
4:00	200m Hurdles SEMI	13-14 G/B
4:15	3000m Race Walks	13-14 G/B
4:15	200m Dash SEMI	13-14 15-16 17-18

Field Events:

SHOT PUT:

8:30 AM	13-14 B - (4kg)
8:30	13-14 G - (6 lb)
12:30 PM	17-18 M -(12lbs)
12:30	17-18 W (4kg)
2:30	15-16 B - (12lb)
2:30	15-16 G - (4kg)

HIGH JUMP:

9:00 AM	15-16 G
9:00	15-16 B
3:00 PM	13-14 G
3:00	13 -14 B

LONG JUMP:

9:00 AM	13-14 G- Pit N1
9:00	13-14 B- Pit N2
12:30 PM	15-16 G –Pit N1
12:30	15-16 B - Pit N2
3:00	17-18 W -Pit N1
3:00	17-18 M –Pit N2

JAVELIN:

8:30 AM	17-18 M
10:00	15-16 B
11:30	13-14 B
1:30 PM	15-16 G
3:00	13-14 G
4:30	17-18 W

POLE VAULT:

9:00 AM	13-14 B,
	15-16 B,
	17-18 M

SATURDAY, JULY 15, 2023

Running Events (Ages 8&U-12) and Hammer

8:30 AM	200m Dash Trials	8 &U 9-10 11-12 G/B
9:15	3000 Meter Run Finals	11-12 G/B
9:30	100m Dash Trials	8 &U 9-10 11-12 G/B
10:30	4 x 800 Relay Finals	11-12 G/B
11:45	400 SEMI	8 &U 9-10 11-12 G/B
1:00 PM	1500m Race Walk Finals	9-10 11-12 Girls
1:30	100m Dash SEMI	8 &U 9-10 11-12 G/B
2:00	1500m Race Walk Finals	9-10 11-12 Boys
2:30	200m Dash SEMI	8 &U 9-10 11-12 G/B
3:00	800 Meter Run Finals	8 &U 9-10 11-12 G/B

Short Hurdle SEMI

3:30 PM	80 Meter 11-12 G/B
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Field Events:

SHOT PUT:

8:30 AM	11-12 G – (6lbs)
8:30	11-12 B – (6lbs)
12:30 PM	9-10 B - (6 lb)
12:30	9-10 G - (6 lb)
2:30	8 & Under B - (2Kg)
2:30	8 & Under G - (2Kg)

HIGH JUMP:

11:00 AM	11-12 G
11:00	11-12 B
1:00 PM	9-10 G
1:00	9-10 B

Mini-Javelin

8:30 AM	9-10 G (300g)
8:30	9-10 B (300g)
10:30	11-12 G (450g) Aero Javelin)
10:30	11-12 B (450g) Aero Javelin)
12:30 PM	8&U G (300g)
12:30	8&U B (300g)

DISCUS THROW:

11:00 AM	11-12 G
1:00 PM	11-12 B

LONG JUMP:

9:00 AM	9-10 G-Pit N1
9:00	9-10 B-Pit N2
12:30 PM	8&U G - Pit N1
12:30	8&U B - Pit N2
3:00	11-12 G - Pit N1
3:00	11-12 B - Pit N2

HAMMER

8:00 AM	15-16 G 17-18 W
9:00	15-16 B 17-18 M

International Youth Championship
July 14-16, 2023
Prince George's Sports and Learning Complex
8001 Sheriff Road
Landover, Maryland 20785
USATF Sanctioned Event
Top 8 will receive medals

USATF or AAU membership card is not required

Registration must be done online at
**<https://coachoregistration.com/dbi-bin/calendar.pl> and select
the meet from the calendar.**

Individual Event: \$12.00

Relay: \$48.00

Awards: Top 8 in each event receive medals

Daily Spectator Fee \$10.00

Three Day Wrist Band \$27.00

**Meet standards and all information pertaining to this meet
can be found at the following website:**

<http://iyctrackmeet.com>

Host Hotel:

Double Tree Hotel

\$139.00 Full Buffet Breakfast for up to 4 people

2 Double Bed

9100 Basil Court

Largo, MD 20774

Ph: 301-773-0700

1-800-222-TREE

Approximate 1 mile from Complex

The top 8 finishers in all events qualifies for the Youth
International Championship being held July 15-17, 2023 at Prince
George's Sports and Learn Complex. All information pertaining
to this meet can be found at the following website:
<http://intyouthtrackchampionships.com/>

SUNDAY, JULY 16, 2023

Running Events:

8:00 AM 1500 Run Finals 8 & U 9-10 11-12 G/B
9:00 4x100 Meter Relays Finals All Divisions
10:30 200m Finals All Divisions
11:00 1500 Run Finals 13-14 15-16 G/B 17-18 W/M

Short Hurdle Finals

12:00 PM 80 Meter 11-12 G/B
100 Meter 13-14 /15-16 G 17-18 W
110 Meter 15-16 B/17-18 M
1:00 PM 400m Dash Finals All Divisions
1:30 PM 200m Hurdles Finals
1:45 PM 400m Hurdles Finals
2:15 PM 100m Dash Finals All Divisions
2:30 PM 3000m Race Walk 15-16 G/B 17-18 M/W
3:00 PM 4x400 Relay Finals All Divisions

Field Events:

POLE VAULT:

9:00 AM 13-14 G,
15-16 G,
17-18 W

HIGH JUMP:

8:30 AM 17-18 W
12:00 PM 17-18 M

DISCUS THROW:

8:00 AM 13-14 G
9:30 13-14 B
11:00 15-16 G
12:30 PM 15-16 B
2:00 17-18 W
3:30 17-18 M

TRIPLE JUMP:

9:30 AM 15-16 B-Pit S1/ 15-16 G-Pit N1
11:30 AM 17-18 M-Pit S1 / 17-18 W-Pit N1
1:30 PM 13-14 B-Pit N1/ 13-14 G-Pit S